

Child-Parent Relationship Training



A fun, free 10 week class for parents and caregivers of children and teens

MONDAYS, January 16, 2017 - March 20, 2017

Free Dinner: 5:30 pm - 6:00 pm

Class: 6:00 pm - 7:30 pm

First Christian Church

1208 Walnut Street, Lamar, MO 64759

Facilitator:

Joyce Wilkerson, MS, CSC, LPC, RPTS, SPE

Topics Covered:

Regaining control as a parent

Helping your child develop self-control

Effectively disciplining and limiting inappropriate behavior

Understanding your child's emotional needs

Communicating more effectively with your child



Space is limited.

RSVP no later than January 12th

You **MUST** RSVP in order to attend.

10 week class – Monday nights

Must attend 8 weeks to complete program

Free Food and Childcare

For more information or to RSVP contact:

Beth Douglas - bdouglas@theallianceofswmo.org, 417-782-9899

Weather permitting. Check website for cancellations. www.theallianceofswmo.org